

Safe sex starts with a 4-letter word:



February is **NATIONAL CONDOM MONTH**, which means it's a great time to talk to your partner about using condoms! To find **FREE** condoms in your area, visit MylAcondoms.org.



Another important 4-letter word: **TALK.**

What's more awkward: talking with your partner about using condoms, or talking with your partner about a sexually transmitted infection (STI) ... or even an unplanned pregnancy? Before things heat up, make sure you're both ready. For conversation starters, including information about condoms, contraceptives and other forms of birth control, visit pcaiowa.org/lets-talk-teens.

