

If she had cancer you
wouldn't call it

A PHASE.



Childhood mental illness.

KNOW THE SYMPTOMS.

Childhood mental illness isn't always as easy to detect as physical illness.

Youth experience mental health challenges differently. Early detection and treatment can have a significant impact on the lives of these young people and their families.



501 SW 7th St., Suite G, Des Moines, IA 50309

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When youth encounter difficulties they tend to be quite resilient.

20% of young people will suffer from a mental health condition.

Most will not receive treatment.



Know the signs of youth mental health concerns



Be a trusting adult; listen non-judgmentally



Encourage appropriate professional support



Prevent Child Abuse
Iowa™

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