**October is “Let’s Talk” Month**

October is National “Let’s Talk” Month. Conversations regarding healthy relationships, sex and unplanned pregnancy should start early and continue throughout adolescence. During the month of October, take time to open lines of communication with your teen, and be a resource for questions. Opportunities to learn more are available locally. [This is a great spot to insert local options for parents and/or adolescents to be involved in “Let’s Talk” Month or other sex education tools/ events/ opportunities.] For more information on how and when to start these conversations, reach out to [ORGANIZATION NAME] at [CONTACT].