FACEBOOK

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| **Date** | **Caption** |
| Tuesday, February 2, 2020 | *Today marks the beginning of National Condom Month. When was the last time you had the safe sex talk with your partner? Today is a great day to have it. #SafeSex #SexEd #Condoms #SexualHealth* |
| Wednesday, February 3, 2021 | *+ Start the conversation. What are your feelings toward birth control or contraceptives? What are your partner’s feelings? Be transparent. Be honest. It starts with the conversation. For conversation starters, visit* [*https://pcaiowa.org/lets-talk-teens/*](https://pcaiowa.org/lets-talk-teens/)*. #SafeSex #SexEd #Condoms #SexualHealth* |
| Tuesday, February 9, 2021 | *We know it feels good, but pulling out isn’t always an effective form of birth control. Use condoms, or another form of contraceptives, to enjoy sex AND be safe.* #SafeSex #SexEd #Condoms #SexualHealth |
| Thursday, February 11, 2021 | *Do you want to have sex, but not a baby? There are various measures you and your partner can take to prevent an unplanned pregnancy. The most highly recommended measure is using birth control or another form of contraceptive. Find free condoms at* [*www.myiacondoms/org*](http://www.myiacondoms/org)*. #SafeSex #SexEd #Condoms #SexualHealth* |
| Sunday, February 14, 2021 | *Love is in the air! Be sure to wrap it up. Happy Valentine’s Day!* *#SafeSex #SexEd #Condoms #SexualHealth* |
| Wednesday, February 17, 2021 | *When was the last time you and your partner discussed safe sex practices? Have you even had the conversation? If you’re sexually active, you should be talking about it. For conversation starters, visit* [*https://pcaiowa.org/lets-talk-teens/*](https://pcaiowa.org/lets-talk-teens/)*. #SafeSex #SexEd #Condoms #SexualHealth* |
| Tuesday, February 23, 2021 | *It is your body and your choice. If you are not ready for sexual activity, abstinence is right for you.*  #SexEd #SexualHealth |
| Thursday, February 25, 2021 | *We know sex can happen spontaneously. Stay prepared. Stay protected. Find free condoms at myiacondoms.org or from a county public health department. #SafeSex #SexEd #Condoms #SexualHealth* |

INSTAGRAM

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