***It’s All You!* May is Sex Ed for All Month**

Pop quiz: Who decides when it’s time to have sex? The answer is easy: *It’s All You!* There’s no right age, moment or relationship status – it’s totally your call! Everyone has the right to say NO to ANY sexual activity at ANY time. Talking openly with your partner about sex shows a respect for each other’s comfort level and lets you be clear about the potential outcomes, like STIs and unplanned pregnancy. If you do decide to have sex, make sure you use birth control or contraceptives. You can find free condoms at **myiacondoms.org** or [insert local clinic/resource]. And don’t believe everything you hear or see. Rely only on trusted sources for sex information and education: A parent, doctor, school nurse or a trusted adult, or visit [website].