**FOR IMMEDIATE RELEASE**

Contact: [ORGANIZATION AND CONTACT NAME]

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**Start the Conversation About Sex**

May, 2021 – May is *Sex Ed for All* *Month*, which focuses on empowering young people with the sexual health information they need to make informed decisions. Topics include medically accurate terms, birth control and contraceptive options, consent information and more. *Sex Ed for All* *Month* is truly focused on “all” individuals regardless of gender, race, sexual orientation, culture, abilities/disabilities or socioeconomic status. Several organizations, such as [ORGANIZATION NAME], have tools available to help young people equip themselves with the knowledge they need to make informed decisions about their relationships.

In 2019, Prevent Child Abuse Iowa released research findings regarding Iowans’ perceptions of healthy relationships, sex and consent. Iowa youth ranked “healthy relationships” and “consent” as the most important topics among eight other conversations to have with trusted adults. The research also revealed that Iowa adolescents desired advice about using contraception/protection, recognizing when they were ready for sex, communicating consent and abstaining. However, when parents/guardians were asked about topics that they’ve discussed with their dependents, “sexual health” and “pregnancy” were the least discussed topics in Iowa households.

[This is a great spot to insert local events for *Sex Ed For All Month* or other sex education tools/events/opportunities.]

For more information on *Sex Ed for All Month*, reach out to [ORGANIZATION NAME] at [PHONE/EMAIL CONTACT].

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