

### 2022 ANNUAL REPORT

### BUILDING BETTER (HILDHOODS

EVERY Child **EVERY Community** ALL 99 counties



# from the Executive Director

Prevent Child Abuse Iowa continues our mission to empower community prevention efforts to provide safe and happy childhoods through collaboration with diverse partners, leading to a better future for Iowa. Our Annual Report for 2022 provides a glimpse of the incredible work happening in all 99 counties in Iowa, and the need continues to grow.

In late 2021 the United States Surgeon General released a Youth Mental Health Advisory noting the impact of the pandemic on American kids.

"Even before the COVID-19 pandemic, mental health challenges were the leading cause of disability and poor life outcomes in young people, with up to 1 in 5 children ages 3 to 17 in the US with a reported mental, emotional, developmental, or behavioral disorder."

Prevention is key. "Mental health challenges in children, adolescents, and young adults are real, and they are widespread. But most importantly, they are treatable, and often preventable."

The work that we do is as important as it has ever been. The need is greater than it has been before. While our mission remains the same our impact must grow to meet the need. I am happy to report that throughout this past year Prevent Child Abuse Iowa has been providing Assistance, Advocacy, increasing Awareness as we have since our founding, and our efforts have redoubled.

We have had many successes this past year. Individual encounters with legislators, business leaders, prevention partners,

professionals, teachers, parents and children are always inspiring. Communities across lowa are taking the lead on preventing child abuse every day in innumerable ways.

Collectively, our support and collaboration with prevention partners across the state has created positive, safe, and affirming educational environments through education and services for thousands of families, parents, teens, and children. This work provides supports to meet the social, emotional, behavioral, and mental health needs of children and youth.

We have updated our groundbreaking Connections Matter programming and trained nearly 100 new facilitators across the state of lowa to further promote healthy development and social and emotional learning in communities across lowa.

I am grateful to our staff, our Board, our prevention partners, and all of our many supporters. Without your dedication and support fewer lowa children, families, and communities would have received the prevention education, services, and support they need to build better childhoods.

We're committed to support children and families in lowa now and in the future. Thank you for supporting our mission, our work, and providing a bright future for all lowa kids.





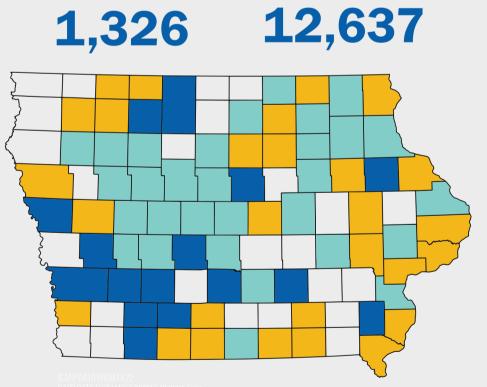
The Iowa Child Abuse Prevention Program (ICAPP) continues to support kids and families with home visitation, parent groups, and sexual abuse prevention education. Child abuse prevention programming is supported by local child abuse prevention councils, which determine the need and identify strategies to support families in their community.

**FAMILIES** 



The Community Adolescent Pregnancy Prevention Program (CAPP) collaborates with community agencies, schools, churches, businesses, youth, and families to provide medically accurate and ageappropriate programming for sexual health and responsible decision-making among lowa youth.

YOUTH



CHILDREN 6,258

CAPP 🙀

ICAPP (%)

**CAPP & ICAPP** 

thank you to our supporters

\$20,000+ Kappa Delta Sorority Chapter at

**Iowa State University** 

\$10,000+ Midland National Life Ins Co./ **Sammons** 

Diane Crookham-Johnson

**Marci Chickering** Walmart / Sam's Club Wellmark Foundation

\$2,500+

Foundation
Hy-Vee Corporate
Chris Gray
Barbara Crowley
EMC Insurance
GreenState Credit Union
Iowa State Savings Bank
Lutheran Services of Iowa
UBS Financial Services, Inc

\$1,000+
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T.P. and D.L. Morgan
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\$500+ Rena Hall Wells Fargo Community Corp Iowa One Gift lowa One Gift
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\$250+

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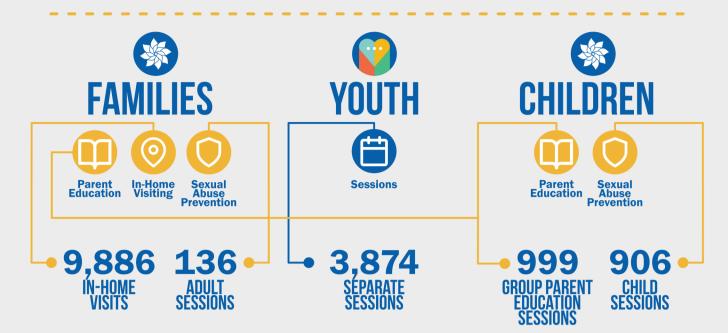


**SUPPORT OUR WORK** 



pcaiowa.org/donate

# THE IMPACT



# FEEDBACK (1))

#### IOWA YOUTH FEEDBA(K

class helped me understand my relationship with my boyfriend and my parents more. My favorite part about the class was teen dating violence because it taught me to look for red flags.







#### YOUTH **RESPONDENTS**

90%+ LEARNED A LOT OR SOME IN THE CLASSES THAT THEY DIDN'T ALREADY KNOW.

IT SEEMED LIKE THE TEACHER KNEW A LOT 99%+ OR SOME ABOUT THE TOPIC.

IT SEEMED LIKE THE TEACHER WAS 99% **VERY GOOD OR PRETTY GOOD AT ANSWERING STUDENT QUESTIONS.** 



## CONNECTIONS MATTER developing brain relationships community



